



1894 - 2023

PRESIDENT – ALISON LEWIS

55th Annual 25 Miles Time Trial –
Sunday 22nd October 2023

Course G25/42

Event Secretary: Robin Johnson, 7 Gorselands, Billingshurst, West Sussex, RH14 9TT.

Email: mr_rjohnson@outlook.com

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Promoted for and on behalf of **Cycling Time Trials** under its rules and regulations

HQ

[Loxwood Sports Association Pavilion](#)

Plaistow Road,
Loxwood,
West Sussex,



RH14 0SX.

Open from 0900.

Plenty of free parking is available.

Thank you in advance for not wearing cycling shoes or cleats in the hall.

Numbers at HQ only, where please sign-on. After the event, please return your number and sign-out at the event HQ.

HQ to start: 1.99 miles

Finish to HQ: 3.58 miles

Route to start: Left out of the car park to first T-junction where left, Foxbridge Lane, to the start.

TIMEKEEPERS

Su Balcombe, (Brighton Excelsior CC) Start
Paul Tunnell, (Addiscombe CC) Finish

EVENT RECORD

CHRIS McNAMARA 49:59 2020

COURSE RECORDS

MEN	Pat Wright	54:55	2023
WOMEN	-		
JUNIORS	-		
VETERANS	Henrik Persson	56:23	2023
ROAD BIKE	Matt Phipps-Taylor	58:31	2023

25 MILES COURSE - G25/42

IFOLD/KIRDFORD/GUNSHOT COMMON/B2133/LOXWOOD/IFOLD/ x 3

COURSE DETAILS

<u>OS REF</u>	<u>DETAILS</u>	<u>DISTANCES</u>	
019297	<u>START</u> at southern end of Foxbridge Lane, 5 yards from junction with Plaistow Road	0.00	0.00
013271	LEFT at junction and proceed to T junction at western end of Kirdford	1.73	1.73
018266	LEFT and follow road through Kirdford Village to T junction at eastern end of Kirdford	0.41	2.14
040269	LEFT and follow road round to the right past Birkfold Manor to junction with Skiff Lane	1.58	3.72
041303	LEFT and follow Skiff Lane via Gunshot Common to junction with B2133	2.14	5.86
041304	LEFT on B2133 to junction with Plaistow Road	0.07	5.93
023307	LEFT along Plaistow Road to junction with Foxbridge Lane, Ifold	1.19	7.12
019297	LEFT south on Foxbridge Lane to complete the first circuit	0.69	7.81
019297	Continue past the start to complete second and third circuits	15.62	23.43
013273	Begin the fourth circuit to FINISH opposite rough lay-by, 0.1 mile north of T-junction at western end of Kirdford.	1.59	25.02

NOTE – NEW COURSE.....

SPONSORS:

As usual, our very grateful thanks to all sponsors for their generosity in giving us a prize list of £1,287.

Please reciprocate by buying their products.

ULTIMATE SPORTS EQUIPMENT LTD. (U.S.E. Ltd.) for transforming the club's £269 into EXPOSURE lights, etc.
value £1,076.

KONTOUR CYCLES, Eastbourne for goods, value £26.

SUPPORT THOSE WHO SUPPORT OUR SPORT

PRIZES :

Awarded to all starters: Free drink and free food provided , but do make a donation, please.....

CATEGORY	PRIZES	VALUE
T.T. BIKES' "25":		
FIRST MAN:	U.S.E. EXPOSURE STRADA RS front light + a bottle of wine,	£193 + £30
2nd Man:	U.S.E. EXPOSURE BLAZE rear light + a bottle of wine,	£85 + £20
3rd Man:	U.S.E. carbon bottle cage, U.S.E. feeding bottle + a bottle of wine,	£46 + £15
4th Man:	KONTOUR CYCLES' bottle cage + bottle + bottle of wine,	£32
5th Man: U.S.E. feeding bottle + a bottle of wine,		£13
FIRST WOMAN:	U.S.E. EXPOSURE STRADA RS front light + a bottle of wine,	£193 + £30
2nd Woman:	U.S.E. EXPOSURE BLAZE rear light + a bottle of wine,	£85 + £20

ROAD BIKES' "25":

FIRST MAN:	U.S.E. EXPOSURE jacket + a bottle of wine,	£64 + £20
2 nd Man:	U.S.E. EXPOSURE gilet + a bottle of wine,	£44 + £15
3 rd Man:	U.S.E. feeding bottle + a bottle of wine,	£13
FIRST WOMAN:	U.S.E. EXPOSURE jacket, + a bottle of wine,	£64 + £20
2 nd Woman:	U.S.E. EXPOSURE gilet + a bottle of wine,	£44 + £15
3 rd Woman:	U.S.E. feeding bottle + a bottle of wine,	£13
OVERALL, both events count:		
FIRST TEAM:	U.S.E. carbon bottle cage, U.S.E. feeding bottle + a bottle of wine,	£46 each rider

PRIZES : TANDEM "25"

No entries this year.

PRIZE PRESENTATION to be held as soon as possible after events.

Please stay to receive your awards/applaud the recipients.

LOTTERY of 3 bottles of wine, each value £6, to be made. To be eligible, be present and be a finisher.

T.T. BIKES' "25":

Number	Start_time	First name	Last name	Club/Team	Gender	Category	Age
1	10:01:00	Robin	Johnson	Brighton Mitre CC	Male	Veteran	75
2	10:02:00	Stuart	Payne	Central Sussex CC	Male	Veteran	61
3	10:03:00	Jamie	Smith	Brighton Mitre CC	Male	Veteran	51
4	10:04:00	Jon	Hooper	Dorking Cycling Club	Male	Veteran	58
5	10:05:00	Mark	Vowells (Tricycle)	San Fairy Ann CC	Male	Veteran	70
6	10:06:00	Mike	Marchant	Southdown Velo	Male	Veteran	66
7	10:07:00	Jonathan	Gough	Old Portlians CC	Male	Veteran	43
8	10:08:00	Kieren	Stanley	Addiscombe CC	Male	Veteran	48
9	10:09:00	Francine	Davis	East Grinstead CC	Female	Veteran	55
10	10:10:00	Mike	Boyce	...a3crg	Male	Veteran	67
11	10:11:00	Anita	Turner	Eastbourne Rovers CC	Female	Veteran	53
12	10:12:00	Jonathan	Pontin	Addiscombe CC	Male	Senior	32
13	10:13:00	Vince	Freeman	Sussex Revolution Velo Club	Male	Veteran	44
14	10:14:00	Dan	Shipton	Eastbourne Rovers CC	Male	Veteran	46
15	10:15:00	Mark	Jones	GS Stella	Male	Veteran	63
16	10:16:00	Jim	Burdett	Addiscombe CC	Male	Veteran	55
18	10:17:00	Paul	Thatcher	Brighton Mitre CC	Male	Veteran	60
19	10:18:00	Adam	Rogers	Eastbourne Rovers CC	Male	Veteran	48
20	10:19:00	Michael	Renardson	trainSharp	Male	Espoir	22
20	10:20:00	Dominic	Hill	Bec CC	Male	Veteran	49
21	10:21:00	Marek	Siwicki	Addiscombe CC	Male	Veteran	49
22	10:22:00	Peter	Main	34 Nomads CC	Male	Veteran	58
23	10:23:00	Cris	Coxon	Brighton Mitre CC	Male	Veteran	46
24	10:24:00	Henrik	Persson	FTP (Fulfil The Potential) RT	Male	Veteran	40
25	10:25:00	Colin	McDermott	Festival Road Club	Male	Veteran	56
26	10:26:00	Christopher	McNamara	Sigma Sports Cannondale RT	Male	Veteran	48

ROAD BIKES' "25":

Number	Start_time	First name	Last name	Club/Team	Gender	Category	Age
28	10:28:00	Cosmo	Derangi	Brighton Mitre CC	Male	Junior	18
29	10:29:00	Karl	Corpez	Charlotteville Cycling Club	Male	Veteran	57
30	10:30:00	Rob	Luff	GS Stella	Male	Veteran	66
31	10:31:00	Anna	Roe	East Grinstead CC	Female	Senior	26
32	10:32:00	Barry	Packman	GS Vecchi	Male	Veteran	77
33	10:33:00	Michelle	Lock	GS Stella	Female	Veteran	59
34	10:34:00	David	Marshall	Hemel Hempstead CC	Male	Veteran	58
35	10:35:00	Olivia	Webb	Eastbourne Rovers CC	Female	Veteran	54
36	10:36:00	Robert	Gilmour	Hounslow & District Whs	Male	Veteran	72
37	10:37:00	Robin	Kirk	Velo Club Godalming & Haslemere	Male	Veteran	45
38	10:38:00	Robert	Lovett	Team TMC	Male	Senior	37
39	10:39:00	Tony	Reeves	GS Stella	Male	Veteran	52
40	10:40:00	James	Bullen	trainSharp	Male	Senior	34
41	10:41:00	Dave	Dent	GS Stella	Male	Veteran	60
42	10:42:00	Edward	Scarrow	VC Norwich	Male	Senior	30

Grateful thanks to all entrants; entries down 5 on 2022.

TANDEM "25":

				No entries this year.			
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CTT Regulations require the use of a helmet that meets internationally accepted safety standards for all competitors.

CTT Regulations now require that no competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, and to the front of their machine, a working front white light, either flashing or constant, that are illuminated and positioned to be clearly visible to other road users.

London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road.

Under 18 years old riders: Bring a completed Parental Consent form to present before signing-on.

No form = No ride.

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IF YOU HAVE RIDDEN THE TWO AND A HALF TIMES ROUND LOXWOOD "25" COURSE SINCE 2010, PLEASE NOTE THE COURSE IS G25/42

AND IS DIFFERENT BEING THREE AND A BIT TIMES ROUND A SHORTER COURSE WHICH IS FLATTER AS YOU NO LONGER GO UP

TWO HILLS TO PLAISTOW ON EACH CIRCUIT.....

BRIGHTON MITRE '25' – PAST WINNERS

	Mens '25'		Ladies '25'		Juniors '25'		Tandem '25'	
1969	Cliff Sharp	59:35						
1970	Peter Crofts	59:59						
1971	Willi Moore	56:20	Gill Clapton	1:02:49				
1972	Dave Holliday	57:21	Beryl Burton	58:56				
1973	Mick Ballard	57:38	Gill Reynolds	1:08:42				
1974	Mick Ballard	59:50	Chris Goodfellow	1:08:33				
1975	John Patston	56:09	Gill Reynolds	1:08:28				
1976	Eddie Adkins	56:07	Sue Swetman	1:10:46				
1977	Eddie Adkins	54:22	Lorna Hanlon	1:04:11				
1978	Sean Yates	55:19	Fran Browning	1:02:41	Mike Thorogood	59:01		
1979	Tim Stevens	55:16	Shirley Killingbeck	1:01:43	Mick Tanner	57:51		
1980	Tim Stevens	56:13	Fran Browning	1:06:46	Nick Gritton	59:37		
1981	Tim Stevens	54:13	Fran Browning	1:06:42	Nick Gritton	58:06		
1982	John Oakes	58:04	Sarah Thompson	1:07:16	Paul Reeves	1:00:31		
1983	Peter Cookson	59:05	Fran Browning	1:08:54	Mike Saunders	1:02:32		
1984	Ian Browning	55:15	Fran Browning	1:03:06	Baz Molloy	1:00:54		
1985	Tim Stevens	55:38	Sue Swetman	1:04:47	Paul Nathan	59:21		
1986	Terry Icke	55:55	Fran Browning Claire Newman	1:05:56	Kevin Penfold	58:27		
1987	Phil Headen	59:53	(no starters)		Stuart Collins	1:06:07		
1988	Tim Stevens	56:23	Sue Swetman	1:07:36	Simon Tully	1:02:08		
1989	Martin Palmer	57:46	Gill Reynolds	1:06:16	Ben Merricks	58:26		
1990	Tim Stevens	56:47	Gill Reynolds	1:06:06	Alex Beale	1:02:45		
1991	Peter Cookson	56:33	Gill Reynolds	1:05:49	Colin Toppin	59:27	Andy Smith Rick Holkham	53:35
1992	Eddie Adkins	53:30	Gill Reynolds	1:04:19	Barry Elcome	58:23	Andy Smith Rick Holkham	53:34
1993	Eddie Adkins	55:14	Gail Cheatle	1:08:55	Paul Rowden	1:04:38	Andy Smith Colin Toppin	54:38
1994	Bryan Taylor	53:13	Carole Gandy	1:02:02	Barry Elcome	57:09	Andy Smith Colin Toppin	53:39
1995	Dave Redding	53:32	Theresa Thompson	1:08:39	Steve Comben	59:10	Andy Smith Rob Allen	53:44
1996	Sean Yates	52:54	Jenny Derham	1:01:13	Alan Curtis	59:38	Ray Hughes Pauline Strong	55:12
1997	Sean Yates	50:27	Natacha Maes	1:02:39	Jacob Hall	1:02:38	Glenn Longland Neville Stroud	52:36
1998	Sean Yates	51:32	Natacha Maes	0:59:51	Max Rumball	58:02	Ian Dawson Ray Hughes	52:00
1999	Sean Yates	54:17	Natacha Maes	1:06:15	Liam Terry	1:11:23	Mark Jones John Limpus	53:42
2000	Richard Prebble	52:45	Natacha Maes	1:00:13	Glenn Hoy	57:18	Chris Birch Rowan Horner	50:59
2001	Richard Prebble Tim Stevens	53:24	Marina Bloom	1:04:51	Liam Terry	1:02:57	Mark Jones John Limpus	52:54

2002	Kevin Neary	56:19	Gill Reynolds	1:09:39	Daniel Frederick	1:05:20	Ray Hughes Ian Neville	53:53
2003	Dean Lubin	55:17	Carole Gandy	1:03:13	Daniel Frederick	1:09:03	Tristan Court Nick Harvey	54:22
2004	Sean Yates	54:40	Carole Gandy	1:02:41	(no entries)		John Limpus Jeremy Wootton	53:51
2005	Dave Dent	56:33	Margaret Duganski	1:11:08	Zaac Lane	1:21:11	Andrew Smith Dave Abbott	59:18
2006	Richard Prebble	53:20	Rebecca Romero	58:10	Mark Williams	1:15:32	Sean Yates Christian Yates	49:34
2007	Richard Prebble	54:07	Carole Gandy	1:07:16	(no starters)		Julian Gee Geoff Clinton	1:07:00
2008	Richard Prebble	56:24	Deborah Percival	1:11:32	Nick Smith	1:11:24	Julian Gee Geoff Clinton	1:05:11
2009	Ben Instone	53:04	Deborah Percival	1:08:59	Nick Smith	59:42	Peter Baker Thomas Baker	57:51
2010	Steve Dennis	53:04	Carole Gandy	1:03:43	Nick Smith	59:35	(no starters)	
2011	Steve Dennis	53:19	Deborah Percival	1:04:53	(no starters)		Peter Baker Thomas Baker	55:39
2012	Adam Topham	53:58	Deborah Percival	1:06:11	(no starters)		Jon Frost David Eccles	1:02:32
2013	Steve Dennis	56:30	Lizzy Brama	1:04:22	Arthur Venables	1:15:40	Lawrence Wintergold Damien Poulter	58:13
2014	Steve Dennis	54:06	Lizzy Brama	1:01:42	(no starters)		Lawrence Wintergold Damien Poulter	57:06
2015	Colin Ward	52:32	Sophie Coleman	58:43	Theo Yates	1:00:45	Jon Frost Kurt Godfrey-Evans	58:01
2016	Colin Ward	52:16	Ruth Summerford	1:01:08	Theo Yates	58:50	Jon Frost, Dave Abbott	1:01:16
2017	Pat Wright	52:06	Angela Carpenter	59:35	(no entries)		(no entries)	
2018	Kevin Tye	52:21	Eva Nyirenda	1:09:55	(no entries)		(no entries)	
2019	Pat Wright	52:24	Mel Wasley	1:00:02	Ali Platt	1:07:02	Mark Jones, Tony Reeves	55:26
2020	Chris McNamara	49:59	Claire Emons	1:00:12	(no entries)		(no entries)	
2021	Cris Coxon	56:01	Angela Brown	1:12:31	(no entries)		Adam Rogers Anita Turner	1:07:34
2022	Chris McNamara	53:21	Hilary Briggs	1:15:28	(no entries)		(no entries)	
2023								
2024								

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